



INTEGRATED WELLNESS AND STRATEGIES, LLC

Amber W. Pearson, MA, LPC, LCMHC, LMHC, EMDR-CT

Your path to healing and transformational growth...

5150 W. 120th Ave, Suite 100
#1057

Westminster, CO 80020

P: 720-644-6378, F: 720-446-3520
strategiesintegrated.com

TELETHERAPY SERVICES AGREEMENT & INFORMED CONSENT

DEFINITION OF SERVICES

TeleTherapy services are a form of psychological therapy service which is provided via secure internet technology. Specifically, TeleTherapy involves a therapist and a client interfacing via their computers over the internet at a prearranged time. It has the same purpose or intention as face-to-face psychotherapy treatment sessions, though it is not a universal substitute for this type of service. The TeleTherapy services provided by Integrated Wellness and Strategies, LLC occurs in the state of Colorado (USA) and are thus governed by the laws of this state.

CLIENT REQUIREMENTS

Clients who are at risk of harm to themselves or others are not suitable for TeleTherapy services. If you become suicidal or homicidal during treatment, please inform Amber Pearson and we will discuss options that will be more suited for you.

In order to avoid being overheard by anyone in your vicinity during TeleTherapy, it is important that you place yourself in a location. It is your responsibility to create a comfortable and safe environment on your end, while it is the responsibility of Amber Pearson to create the same on her end.

TECHNOLOGY REQUIREMENTS

You will need the following in order to connect to doxy.me:

- A device that can connect to the internet (ex: computer, smart phone, any other smart device, etc) with:
 - A webcam*
 - Audio ability*
 - Internet capacity of at least 350 Kbps download and upload speeds*
 - Ability to use one of the following web browsers: Google Chrome, Mozilla Firefox, Microsoft Edge, Safari 11+ (Note: Internet Explorer is not a supported browser)
- A phone (in case of technical difficulties)

If you are connecting via a computer you will also need:

- The latest operating systems (ex: Windows 10 or MacOS Catalina)
- Java Script enabled
- TCP ports 80 and 443 open (Note: some firewalls block these ports)

*You can check these on the doxy website.

TELETHERAPY SERVICE PROVIDER

The TeleTherapy service providers used by Integrated Wellness and Strategies, LLC is: Doxy.me. This service provider meets privacy and confidentiality standards according to HIPAA requirements.

Please go to Doxy.me/AmberPearson to check in for sessions. Once you go to this link you will be asked to enter your name. Once you type in your name and click on the “Check In” button you will be in the virtual Waiting Room and Amber will be able to connect with you.

RISKS AND RIGHTS OF TELETHERAPY SERVICES

- 1. You have the right to withdraw from TeleTherapy service at any time. If you choose not to utilize TeleTherapy services it will not affect your right to further treatment, and you can continue face-to-face therapy with Amber Pearson.
- 2. TeleTherapy services may not be an appropriate treatment modality for every client and, at times, may even be counter-productive. Amber Pearson reserves the right as your therapist to determine if TeleTherapy sessions are not in your best interest. If this is determined, Amber Pearson will continue face-to-face services with you or provide referral information if necessary.
- 3. The same laws and policies which are stated in the MANDATORY DISCLOSURE STATEMENT form in regards to regular psychotherapy, confidentiality, exceptions of confidentiality, etc. - also apply to TeleTherapy services.
- 4. It is possible that a TeleTherapy session may be disrupted or distorted by unforeseen technical issues. If you are disconnected during a session due to a technological issue, please stay logged into Doxy and Amber Pearson will try to reconnect with you. If unable to reconnect the session, she will call you via phone.
- 5. The CANCELTION & NO SHOW POLICY remains the same for TeleTherapy services. If you are unable to connect to a TeleTherapy appointment at the allotted time, please call or send a text to Amber Pearson at 720-644-6378 to let her know – otherwise your session will be considered a “No Show.” In circumstances where a connection cannot be made due to technical difficulties in the time allotted for a session (and you called Amber Pearson for assistance), you will not be charged a fee.
- 6. I accept that TeleTherapy is NOT designed for and will not be used as an emergency service.
- 7. Although all efforts are made to ensure high encryption and security in technology used, there is always a risk that transmission may be breached or accessed by unauthorized users.
- 8. You are responsible for making payments for TeleTherapy services that you participate in.

By signing below, you agree that you have read, understand, and agreed to the above TELETHERAPY SERVICES AGREEMENT & INFORMED CONSENT. In addition, you will assume all of the foregoing risks and accept personal responsibility for confidentiality issues regarding TeleTherapy services and recuse Amber W. Pearson, MA, LPC, Integrated Wellness and Strategies, LLC, and its staff from any liability if confidentiality is breached when these communications occur.

| | | |
|-----------------------|------------------|------|
| Client Name (printed) | Client Signature | Date |
|-----------------------|------------------|------|